

NONNA'S DYSPHAGIA MENU

Please tick your order from the options below, Nonna will take care of the rest!

EASY TO CHEW		7
Softer foods, requiring less chewing		LEVEL
can be cut easily with side of a fork or spoon		
Nonna's Soup of the Day <i>Please ask staff</i>	\$14.00	☐
Nonna's Meatballs <i>Nonna's meatballs in sugo</i>	\$17.00	☐
Parmigiana di Melanzane <i>Layered eggplant with napoletana sauce</i>	\$26.00	☐
Pasta Napoletana <i>House-made pasta, in a classic tomato & basil sauce</i>	\$22.00	☐
Pollo Parmigiana <i>Chicken breast with tomato & cheese, served with potato, pumpkin & broccoli</i>	\$27.00	☐
Scallopini di Vitello <i>Veal medallions in a white wine, lemon, and butter jus, served with potato, pumpkin & broccoli</i>	\$30.00	☐
Tiramisu <i>Ladyfinger biscuits with mascarpone filling</i>	\$11.00	☐

SOFT & BITE SIZED		6
Soft, tender, moist foods		LEVEL
- cut to 1.5cm cubes max - no thin liquid + solid together - passes fork pressure test		
Nonna's Soup of the Day <i>Please ask staff</i>	\$14.00	☐
Nonna's Meatballs <i>Nonna's meatballs in sugo</i>	\$17.00	☐
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MINCED & MOIST		5
Mashed/minced foods, moist texture		LEVEL
- particles 4mm or less - passes spoon tilt test		
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Nonna's Meatballs <i>Nonna's meatballs in sugo</i>	\$17.00	☐
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PUREED		4
Smooth, lump free moist food		LEVEL
- not runny, not solid - passes spoon tilt test		
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Disclaimer: Nonna's Café is unable to assess individual swallowing requirements. Customers are responsible for selecting meals in accordance with advice provided by their healthcare professional. Textures are in line with IDDSI standards, for more info please visit www.iddsi.org

NONNA'S DYSPHAGIA MENU



drinks

Please tick your order from the options below, Nonna will take care of the rest!

Name:

Date:

SLIGHTLY THICK

Sightly thickened liquid

1
LEVEL

Water

\$4.50

☐

Crisp Apple Water

\$4.50

☐

Apple & Raspberry Juice

\$6.00

☐

MILDLY THICK

Mildly thickened liquid

2
LEVEL

Water

\$4.50

☐

Crisp Apple Water

\$4.50

☐

Apple & Raspberry Juice

\$6.00

☐

MODERATELY THICK

Moderately thickened liquid

3
LEVEL

Water

\$4.50

☐

Crisp Apple Water

\$4.50

☐

Apple & Raspberry Juice

\$6.00

☐

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